



# ENGLISH FOR LIVING LESSON 5: WORKSHEETS

At the Doctor's

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## Lesson 5: At the Doctor's

*In this lesson you will learn how to make an appointment and visit a doctor.*

### Dialogue A: Making contact with a doctor

*In this dialogue Christina phones the doctor's surgery to make an appointment. Surgery is the name given to the doctor's office. Sometimes you will find doctors working together in a medical centre.*

Receptionist	Good morning, surgery.
Christina	Good morning, I'd like to make an appointment to see a doctor please.
Receptionist	Have you been to see a doctor here before?
Christina	No I haven't.
Receptionist	Have you got a medical card?
Christina	What is a medical card?
Receptionist	A medical card is a card which allows you to have general medical treatment free, so that you don't have to pay for it. But you will need to apply for it to the HSE <sup>1</sup> . You will only get one if your earnings are under a certain amount.
Christina	I haven't got a medical card but I would like to apply for one.
Receptionist	I can give you a form to fill in, or you can apply for one directly at your local health centre.
Christina	Where is the health centre?
Receptionist	I can give you a list – there are four in Dublin 15: in Corduff, Roselawn, Clonsilla and Damastown.
Christina	Ok, I will apply for a medical card, but I need to see a doctor today.
Receptionist	I can make an appointment for you with one of our doctors, but if you don't have a medical card, you will have to pay for this visit.
Christina	How much does a visit cost?
Receptionist	A visit costs 55 euro, and you will also have to pay for any medicine your doctor prescribes.
Christina	Yes, that's ok.
Receptionist	Can you give me your name and spell it for me?
Christina	Yes, it's Christina C-h-r-i-s-t-i-n-a Igboeli I-g-b-o-e-l-i
Receptionist	Ok, I'll put you in with DrMurphy .

<sup>1</sup> HSE: Health Service Executive

Christina	At what time?
Receptionist	I'll put you in for 11.30. Does that suit you?
Christina	Yes it does, that's fine.
Receptionist	Ok, we'll see you then at the surgery at 11.30.

### A.1 Practice

*Listen to the dialogue again, this time repeat each sentence after Christina.*

### A.2 Comprehension

*Did you understand what the receptionist told Christina?*

The receptionist at the surgery gives Christina information about applying for a medical card. Check you have understood what she said by saying if the following statements are true or false.

- |   |      |       |
|---|------|-------|
| 1. A medical card allows you to have general medical treatment free.          | True | False |
| 2. Everyone living in Ireland can get a medical card.                         | True | False |
| 3. You can get a medical card from your doctor.                               | True | False |
| 4. You can also get a form from a health centre.                              | True | False |
| 5. You have to go into Dublin city centre to find a health centre.            | True | False |
| 6. If you don't have a medical card you have to pay for visits to the doctor. | True | False |
| 7. A visit usually costs about 30 euro.                                       | True | False |
| 8. If you don't have a medical card, you have to pay for medicines.           | True | False |

### A.3 Language Focus

#### Making requests

*Listen again to some of the requests Christina made, repeat each one:*

These two requests are formal using 'I'd like to...'

- I'd like to make an appointment to see a doctor please.
- I haven't got a medical card but I would like to apply for one.

These requests were looking for information and were less formal

- What's a medical card?
- Where is the health centre?
- How much does a visit cost?
- At what time?

You can make requests more formal by starting with *can you tell me* or *I'd like to know*. You can also add in '*please*' to make the request more polite. Listen to each request and then make it more formal.

- What's a medical card? \_\_\_\_\_
- Where is the health centre? \_\_\_\_\_
- How much does a visit cost? \_\_\_\_\_
- At what time? \_\_\_\_\_
- *[Can you tell me at what time? Or I'd like to know at what time.]*

***When you meet someone for the first time, it is a good idea to use a formal or polite request at first, but you do not need to use formal requests all of the time when looking for information. If you are finding a situation difficult, it is a good strategy to make your questions more formal and polite.***

### A.4 Language Development

***Listen again to some of the things the receptionist said to you and repeat each one:***

- A medical card is a card which allows you to have general medical treatment free
- You need to apply for it to the HSE.
- You will only get one if your earnings are under a certain amount.
- I can give you a form to fill in
- you can apply for one directly at your local health centre
- I can make an appointment for you with one of our doctors if you don't have a medical card, you will have to pay for this visit.
- A visit costs 55 euro
- You will also have to pay for any medicine your doctor prescribes
- I'll put you in with Dr Murphy.
- I'll put you in for 11.30.
- We'll see you then at the surgery at 11.30.

**Christina tells her friend about her phone call. Listen to each sentence and decide which words are missing. The sentence with the missing words will then be read for you.**

1. I have an \_\_\_\_\_ with Dr Murphy at the \_\_\_\_\_ at 11.30.
2. I can apply for a \_\_\_\_\_ card, and then visits to the doctor are \_\_\_\_\_.
3. I can only get a \_\_\_\_\_ card if my earnings are quite \_\_\_\_\_.
4. I can get a \_\_\_\_\_ for a \_\_\_\_\_ card from the receptionist at the surgery.
5. There are four \_\_\_\_\_ centres in Dublin 15, I can \_\_\_\_\_ directly for a medical card there.
6. Today I will have to pay for the \_\_\_\_\_ to the doctor, it will \_\_\_\_\_ me 55 euro.
7. I will also have to pay for any \_\_\_\_\_ the doctor prescribes.

### **Conversational language**

***It is very important to be able to reply to simple questions and expressions that are used in everyday conversation. Do you remember how to reply to these? Try answering with both 'yes' and 'no' answers.***

Have you been to see a doctor here before?	
Can you give me your name?	
Does that suit you?	
Have you got a medical card?	

**Dialogue B: Describing symptoms.**

***Christina comes back to the doctor's for her appointment at 11.30. She goes to the receptionist to give her name and the receptionist tells her to take a seat in the waiting room. She asks Christina to fill in a form with all her details.***

***After a few minutes the doctor comes to the waiting room and calls her name.***

Doctor	Christina?
Christina	Yes.
Doctor	Can you follow me please, we'll just go back to my surgery.... Here we are, take a seat.
Christina	Thank you doctor.
Doctor	This is your first time coming to this surgery – is that right?
Christina	Yes that's right
Doctor	Are you here in Blanchardstown for a visit or are you planning to stay in Ireland?
Christina	I am planning to stay in Ireland for a year or two. My husband has a job in Paypal.
Doctor	He is very lucky to have a job with that company, it's doing very well. Do you have children?
Christina	Yes, I have two children, a son and a daughter.
Doctor	In that case I will make a family file for you. I see on the form you have filled in all your details – I will transfer them to a file afterwards. I can get details for your husband and children if they come to see me.
Christina	That's great thank you.
Doctor	So what can I do for you today, what seems to be the trouble?
Christina	I am feeling very tired and I have a lot of headaches, and I feel my heart is beating very fast
Doctor	When did you first start to feel tired?
Christina	I started to feel tired a few weeks ago.
Doctor	And when did the headaches start? And the fast heartbeat?
Christina	I often get headaches, but I have had more headaches since last week, and my heartbeat has been faster since last week too.
Doctor	It might just be a virus, but you do look a bit pale. I will check your blood pressure, your heart rate, and do some blood tests. Is that ok?

Christina	Ok.
Doctor	Don't worry, you look quite healthy even if you feel tired. Can you go over there and lie down and I'll check you out.

### B.1 Practice

*Listen to the dialogue again, this time repeat each sentence in the dialogue.*

### B.2 Comprehension

*Did you understand the questions the doctor asked?*

- This is your first time coming to this surgery – is that right? (The receptionist is checking Christina hasn't been to the surgery before)
- Are you here in Blanchardstown for a visit? (The doctor is asking if she is in Blanchardstown for a short time, on holidays or visiting family or friends)
- Are you planning to stay in Ireland? (The doctor is asking if she is going to come and live in Ireland)
- Do you have children? (The doctor can make a file for the whole family if she has)
- So what can I do for you today? (How can I help you today?)
- What seems to be the trouble? (What is the health problem or difficulty you have?)
- When did you first start to feel tired? (The doctor wants to know when the problem began)
- And when did the headaches start? (Again, the doctor wants to know when the problem began)
- Can you go over there and lie down? (The doctor will examine her on the examination table)

*Answer the following questions*

1. Is this the first time Christina has come to the surgery?
2. Is Christina in Blanchardstown for a short visit?
3. Is Christina planning to stay in Ireland?
4. Does Christina have children?
5. What health problem does Christina have?
6. When did she first start to feel tired?
7. When did the headaches start?



### B.3 Language Focus

**Describing how people feel and look**

***Christina used the word feel to describe her symptoms I feel tired***

***You can use 'feel' with a lot of adjectives, repeat each of the following***

I feel sick / I feel ill / I feel unwell

I feel weak / I feel faint

I feel stressed

***The doctor uses the word 'look' to describe Christina's appearance***

You look a bit pale

You look healthy

***You can use 'look' with lot of other adjectives to describe people's appearance, repeat each of these***

You look tired; you look sleepy; you look worried; you look ill; you look stressed.

### B.4 Language Development:

**Talking about time using for, since and ago**

Christina says that she hopes to stay in Blanchardstown for a year or two.

For is used to describe the amount of time you spent in a place. Listen to where Christina lived before she came to Blanchardstown.

- We left Nigeria three years ago, and went to England.
- We lived in London for two years.
- Then we came to Ireland. We lived in Balbriggan for three months and then we moved to Blanchardstown.
- We have been in Blanchardstown for six weeks.

***Practice by answering the questions using for***

1. How long did they live in London?
2. How long did they live in Balbriggan?
3. How long have they lived in Blanchardstown?

***The word ago is used to say when something happened, for example:***

- I started to feel tired a few weeks ago.
- We lived in London two years ago.
- We came to Ireland a few months ago.
- We moved to Blanchardstown six weeks ago.

***Practice by answering the questions using ago***

1. When did she start to feel tired?
2. When did they live in London?
3. When did they come to Ireland?
4. When did they move to Blanchardstown?

***Since is used to say when something in the present started.***

- I have had more headaches since last week
- I have lived in Blanchardstown since January
- I have lived in Ireland since 2010.

***Practice by answering the questions using since***

1. How long has she had headaches?
2. How long has she lived in Blanchardstown?
3. How long has she lived in Ireland?

### Dialogue C: The doctor's examination

#### *The doctor examines Christina and recommends treatment*

Christina	I hope it is nothing serious.
Doctor	Don't be so worried! Now I am just going to take your temperature first, it might be up if you have a virus. Stay still and I'll just hold this up to your ear.... No, it's not up, it's perfectly normal, 36.7.
Christina	Good, I'm glad to hear that.
Doctor	Now I'll check your blood pressure. Have you had this done before?
Christina	Yes, I have, it's usually quite low.
Doctor	Now, can you roll up your left sleeve and I will put this around your arm. It will squeeze your arm a little bit.... Your blood pressure seem to be up a little bit, it's a little high, but not a lot.
Christina	Ok, I was a bit concerned about that.
Doctor	Now I'll listen to your heart rate and lungs. Can I ask you to take off your shirt?
Christina	Just my shirt?
Doctor	Yes, that's fine. Now breathe in... breathe out.... breathe in... breathe out ..... deep breath.... Just breathe normally now.... Your heart rate is a little fast. Your breathing is a little difficult. Do you smoke?
Christina	Yes, sometimes, I am trying to quit, I know it's bad for me.
Doctor	You should try to stop smoking. Are you eating well? Have you a good appetite?
Christina	Yes, no problem there, maybe I eat too much! I try to eat healthy food.
Doctor	No, you look fine. It's important to eat well when you have a lot of changes in your life.  I think I'll take some blood tests, we'll get a full blood count. Can you roll up your sleeve again?
Christina	I am a little nervous of blood tests.
Doctor	Don't worry, you will just feel a prick. Just look away while I am doing it... there you go, all done.
Christina	I didn't feel that at all.
Doctor	I have years of practice! I will send the blood samples to the lab and I should have the results in about a week. I think you might need to take some iron, you are quite pale.
Christina	I had some problems with low iron before. How do I get the results?

Doctor	You can call the surgery next week and the receptionist will tell you if the results are back and you can make another appointment. I'll give you a prescription for some iron and painkillers.
Christina	Ok thank you, I am quite relieved.
Doctor	Was there anything else?
Christina	I am a bit worried about my son, he has had a cough for a few weeks and it's not going away.
Doctor	You should bring him to see me, he might need an antibiotic.
Christina	Ok thank you.
Doctor	Here's your prescription, and remember to phone the surgery for the results of the blood test.
Christina	I will. Thank you very much doctor.
Doctor	You're welcome. I hope you feel better soon.

### C.1 Practice

***Listen to the dialogue again, this time repeat each sentence.***

### C.2 Comprehension

***The doctor checked six things for Christina – do you remember what they are? Listen to each sentence and decide which words are missing:***

First she took her \_\_\_\_\_

Secondly she checked her \_\_\_\_\_

Thirdly she listened to her \_\_\_\_\_ and \_\_\_\_\_

Finally she took some \_\_\_\_\_ tests

She also asked Christina if she \_\_\_\_\_ and if she was \_\_\_\_\_ well.

***Did you understand what the doctor said about each of the things she checked?***

Match the following:

1	temperature	A	a little fast
2	blood pressure	B	breathing a little difficult
3	heart rate	C	results will be ready next week
4	blood tests	D	stop
5	lungs	E	up a little bit
6	smoking	F	eat well
7	eating	G	normal

What did she say about her temperature?

What did she say about her blood pressure?

What did she say about her heart rate?

What did she say about the blood tests?

What did she say about her lungs?

What did she say about her smoking?

What did she say about her eating?

### C.3 Language Focus

***The doctor gives Christina some instructions: repeat each instruction making sure that you understand each one.***

- When she was taking her temperature she said “Stay still and I’ll just hold this up to your ear.”
- When she was taking her blood pressure she said “Can you roll up your left sleeve and I will put this around your arm”.
- When she was checking her heart rate and lungs she said “Can I ask you to take off your shirt? Now breathe in... breathe out... breathe in... breathe out ... deep breath... Just breathe normally now...”
- When she was taking her blood tests she said “Can you roll up your sleeve again? Don’t worry, you will just feel a prick.”

***Christina is worried about her health and tells the doctor how she feels. Listen and repeat what she says.***

- I hope it's nothing serious
- I was a bit concerned about that.
- I am a bit worried about my son.
- Yes, it's usually quite low
- I am a little nervous of blood tests.
- I try to eat healthy food
- Maybe I eat too much!
- I know it's bad for me.
- Good, I'm glad to hear that.
- I am quite relieved.

#### C.4 Language Development

***After going to the doctor, Christina went home and told her husband about the visit. Listen to each sentence and decide which words are missing. The sentence with the missing words will be read for you.***

- First she took my \_\_\_\_\_ and she said it was \_\_\_\_\_.
- Then she checked my \_\_\_\_\_ and she said it was \_\_\_\_\_ a little bit.
- After that she listened to my \_\_\_\_\_ rate and she said it was a little \_\_\_\_\_.
- She listened to my \_\_\_\_\_ and she said my \_\_\_\_\_ was a little difficult.
- Finally she took some \_\_\_\_\_ tests and she said the \_\_\_\_\_ will be ready next week.
- She also asked me if I \_\_\_\_\_ and she said I should \_\_\_\_\_.
- She also asked me if I was \_\_\_\_\_ well () and she said it's \_\_\_\_\_ to eat well.

Blood pressure -lungs -blood -eating -temperature - smoked - heart  
results - fast - breathing – stop - important - normal - up

**Dialogue D: At the Pharmacy**

***The doctor wrote a prescription for Christina with the medication that she needs. Christina goes to the pharmacy with the prescription***

Pharmacist	Can I help you?
Christina	My doctor gave me this prescription.
Pharmacist	Let me see.... Have you got a medical card?
Christina	No I haven't.
Pharmacist	OK. It will take a few minutes, do you want to wait or do you want to go away and come back later?
Christina	I'll wait thanks.
Pharmacist	Christina Igboeli?
Christina	Yes
Pharmacist	Here's your medication. Have you taken these painkillers before?
Christina	No, I haven't
Pharmacist	You should take them with food, as they may affect your stomach
Christina	OK, how many do I take?
Pharmacist	Take two when you need them, and you can take another two four hours later
Christina	OK
Pharmacist	And take these iron tablets, one a day for three weeks
Christina	Should I take them with food too?
Pharmacist	Avoid taking them with tea or coffee.
Christina	OK I will
Pharmacist	That's 15.46 altogether.
Christina	Here you are.
Pharmacist	And here's your change
Christina	OK thank you.
Pharmacist	Goodbye

**D.1 Practice**

***Listen to the dialogue again, this time repeat each sentence.***

**D.2 Comprehension**

***What happened in the pharmacy? Listen to each sentence and say if it is true or false.***

Christina went away and came back for her medication

True    False

Christina had not taken the painkillers before True False

The pharmacist said to take the painkillers before meals True False

The pharmacist said to avoid having alcohol with the iron tablets True False

### D.3 Language Focus

#### Medication

***When you go to the doctor he will give you a prescription. It is important to follow the instructions the doctor gives you.***

***Listen to each of these complaints and then find the correct prescription and instruction for each one. For example***

- ***Complaint: I can't sleep at night***
- ***Prescription: you need sleeping tablets***
- ***Instruction: take one half an hour before you go to bed***

***Now you try:***

Complaint	Prescription	Instruction
I can't sleep at night	You need pain-killers	Put the cream on the cut and cover it with a plaster
I have no energy	You need antiseptic cream and a plaster	Take one every morning for a month
I have a pain in my back	You need vitamins or iron	Take two with water every 4 hours
I have cut my hand	You need indigestion tablets	Take twice a day for 5 days or until it's gone
I have a pain in my stomach when I eat	You need an anti-biotic	Take one immediately after meals
I have a cough	You need sleeping tablets	Take one half an hour before you go to bed
I have a chest infection	You need a cough mixture	Take two spoonfuls three times a day

]



## D.4 Language Development

***The pharmacist can also give you advice if you have a problem. He will tell you what her thinks you should do. Decide which is the best advice for each of these problems:***

1	I have a sore throat	a	You should take some indigestion tablets.
2	I have a very bad headache, maybe a migraine	b	You should suck some throat lozenges and have drinks with honey
3	I have a stomach ache	c	You should put this ointment on it three times a day.
4	I have a rash on my skin	d	You should take two painkillers and lie down
5	I have a cut on my hand	e	You should go to your doctor straight away.
6	I have the flu	f	You should go to the hospital and get an x-ray
7	I fell and can't move my arm	g	You should drink lots of fluids, take some painkillers and go to bed
8	I have a pain in my chest	h	You should put antiseptic cream on it and cover it with a plaster

1. I have a sore throat
2. I have a very bad headache, maybe a migraine.
3. I have a stomach ache
4. I have a rash on my skin
5. I have a cut on my hand
6. I have the flu
7. I fell and can't move my arm
8. I have a pain in my chest

### Dialogue E: Filling out forms

*The receptionist at the surgery asks Christina to fill in a form with all her details. Listen to how the receptionist explains this. You can look at the form on the website while you listen to the explanation.*

PATIENT REGISTRATION FORM	
SURNAME	.....
FIRST NAME	.....
DATE OF BIRTH	.....
SEX	.....
MARITAL STATUS	.....
TITLE (Mr, Mrs, Ms)	.....
ADDRESS	.....
	.....
	.....
Home/Work Phone	.....
Mobile Phone	.....
Email Address:	.....
OCCUPATION	.....
NATIONALITY	.....
Medical Card Yes.....or No...	Card Number:.....
PPS NUMBER	.....
PRIVATE INSURANCE SCHEME	.....
Is it ok for us to contact you by email with information and offers Yes ..... No .....	
<b><u>NEXT OF KIN</u></b>	NAME .....
	RELATIONSHIP .....
	PHONE NUMBER.....
PLEASE DISCUSS ANY RELEVANT MEDICAL HISTORY OR MEDICATION/ALLERGIES THAT MAY BE HELPFUL WITH YOUR DOCTOR	
<b>ALL INFORMATION WILL BE TREATED IN STRICT CONFIDENCE</b>	

- First of all you need to fill in your surname, or family name
- and then your first name. In Ireland sometimes we say a Christian name
- Then your date of birth, put the day first, then the month, then the year when you were born.
- Sex just means male or female.
- For marital status, say whether you are single, married, separated or divorced.
- Then we need contact details, you need to give us your address, your home and mobile phone numbers and if you have an e-mail address that would be great.
- Your occupation is the work that you do. If you are not working put down the job you usually do, and then unemployed.
- You need to put down your nationality too. This means the country you come from as it is on your passport.
- Your PPS number is your Personal Public Service number, you can get one from your local social welfare office.
- If you have private health insurance that you pay for yourself, fill in the name of the company.
- Your next of kin means your nearest relative, it could be your husband, a parent or a brother or sister for example.
- You don't need to give medical details on the form, you can talk to your doctor about these.

### E.1 Practice

*Listen and repeat each sentence*

### E.2 Comprehension

*Can you remember the terms provided? Listen to each description and decide which is the correct term.*

Description	Term
Family name	Date of birth
Christian name	First name
The date, the month, then the year when you were born	Private health insurance
Male or female	Sex
Single, married, separated or divorced	PPS number
Your address, home, work and mobile phone numbers, and an e-mail address	Next of kin

The work that you do	<b>Occupation</b>
The country you come from as it is on your passport.	<b>Surname</b>
Personal Public Service number	<b>Nationality</b>
Health insurance that you pay for yourself	<b>Marital status</b>
Your nearest relative, it could be your husband, a parent or a brother or sister	<b>Contact details</b>
If you are in full-time education	<b>Student</b>

### E.3 Language Focus

**Now look at the first page of the application form for a medical card on the website. Some of the terms are the same as on the last form but there are also some new terms.**

Medical Card and GP Visit Card <b>Form MC1</b>		OFFICE USE ONLY Date Received ____ Card No. ____	
<b>Part 1A – Applicant's Details – Please use BLOCK CAPITALS</b>			
Surname:		Are you ordinarily resident in Ireland? Yes <input type="checkbox"/> No <input type="checkbox"/>	
First Name(s):		Address:	
Date of Birth:			
Daytime Phone:			
Gender:			
PPS Number:		Town:	
E-mail address:		County:	
Birth surname: (if different from above)		Mother's birth surname:	
Do you live alone? Yes <input type="checkbox"/> No <input type="checkbox"/> If 'No', who do you live with?			
Are you:			
Married <input type="checkbox"/> Cohabiting <input type="checkbox"/> Single <input type="checkbox"/> Widowed <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/>			
Do you hold or have you ever held a Medical Card / GP Visit Card? Yes <input type="checkbox"/> No <input type="checkbox"/>			
If 'Yes', which Medical Card office issued the card?			
Card Number:			

***Listen to some of the language used:***

**Applicant's details:** the applicant is the person who applies for the medical card. The applicant makes an application by filling in the form and sending it to the HSE.

**BLOCK CAPITALS:** this means that you must use all capital letters. It is easier for the people reading the form to recognise each letter when it is a capital letter.

**Resident:** Are you ordinarily resident in Ireland? This means are you living in Ireland, not just visiting and living in another country.

**Daytime phone:** This is so that you can be contacted easily. You can give your home, your work, or your mobile phone number.

**Gender:** This is the same as 'sex' on the last form, whether you are a man or a woman, male or female

**Birth surname:** This is the surname on your birth certificate, not your married name.

**Mother's birth surname:** This is your mother's name before she was married.

**Co-habiting:** This means that you are living with a partner but you are not married to this person

**Widowed:** A widow is a woman whose husband has died. A widower is a man whose wife has died.

**Held:** 'Have you ever held a medical card?' is asking if you applied for and received a medical card before.

**Issued:** 'Which Medical Card office issued the card?' 'Issued' means which office gave you the card. The 'place of issue' is usually on important cards and documents.

## E.4 Language Development

***Imagine you are in an office and the receptionist is asking you for information to fill out a form. Answer the following questions out loud using your own details.***

Receptionist	Can you give me your surname?
Receptionist	Can you spell that please?
Receptionist	What's your first name?
Receptionist	Can you spell that too please?
Receptionist	What's your date of birth?
Receptionist	Can you give me your address?
Receptionist	Can you give me your home and mobile phone numbers?
Receptionist	What's your e-mail address?
Receptionist	What's your PPS number?
Receptionist	What's your marital status?
Receptionist	What's your occupation?
Receptionist	Thank you very much.



### Connolly Hospital Blanchardstown -

Connolly Hospital (CHB) is a major teaching hospital providing a range of services – acute medical & surgical service, acute psychiatric services, long stay care, daycare, outpatient, diagnostic and support services to a population of 290,000. The Hospital's catchment area extends into West Dublin, Meath & Kildare. Emergency services are provided 365 days a year 24 hours a day.

*If you would like to read some information about health issues you can check out this website:*  
[www.hse.ie](http://www.hse.ie)

### Local Health Centres

#### **Corduff Health Centre**

Corduff  
Blanchardstown  
Dublin 15  
**Tel: 01 821 1131**

#### **Damastown Health Centre**

Damastown Close  
Damastown  
Dublin 15  
**Tel: 01 869 4600**

#### **Mountview Health Centre**

Shelerin Road  
Clonsilla  
Dublin 15  
**Tel: 01 821 0703 / 821 0988**  
**Fax: 01 821 6695**

#### **Roselawn Health Centre**

Roselawn Road  
Blanchardstown  
Dublin 15  
**Tel: 01 646 4500**  
**Fax: 01 646 4501**

*If you would like more information on doctors in Dublin 15, check this website:*

<http://www.dublinbynumbers.com/areas/doctors/dublin-15>

*If you would like more information about medical cards, check this website*

[http://www.citizensinformation.ie/en/health/entitlement\\_to\\_health\\_services/medical\\_card.html](http://www.citizensinformation.ie/en/health/entitlement_to_health_services/medical_card.html)

*If you would like to apply for a medical card, the form is available on-line.*

[http://www.hse.ie/eng/services/find\\_a\\_service/entitlements/medical\\_card\\_gp\\_visit\\_card\\_application\\_form.pdf](http://www.hse.ie/eng/services/find_a_service/entitlements/medical_card_gp_visit_card_application_form.pdf)